

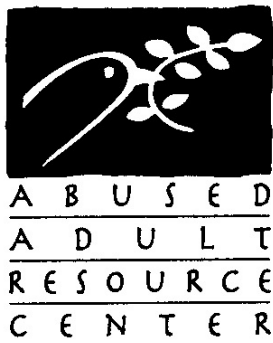


A B U S E D  
A D U L T  
R E S O U R C E  
C E N T E R

# ANNUAL REPORT

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2022



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## About Us

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**The Abused Adult Resource Center (AARC) headquartered in Bismarck, North Dakota, provides emergency support, crisis intervention, temporary shelter, food, counseling and advocacy to victims and their children of domestic violence, sexual assault, stalking and dating violence. We serve families and individuals throughout a seven-county area in south central North Dakota, helping them find a life free from abuse.**

**We also work with the community to develop awareness and sensitivity to these issues and to establish programs to break the “cycle of abuse.” AARC programs, staff and volunteers have been widely recognized for their work in building a healthier, safer community.**



## Leadership Team

### Board of Directors

Shawna Piatz, Chair  
Bruce Haskell, Vice Chair  
Greg Gunderson, Treasurer  
Christine Hogan, Secretary  
Dan Donlin  
Mike Lund  
Candace Muggerud  
Kevin Stadler  
Shelly Wanek

### Advocate Team

Alicia  
Haley  
Hannah  
Kaitlin  
Kayla  
Maggie  
Sammy  
Tani  
Tawniel

### Shelter Staff

Chasity	Candice	Inez
Jenny	Cassie	Kinley
Kayce	Cela	Kylee
Sierra	Courtney	Lillian
Summer	Clayton	Megan
Ambria	Cristy	Phyllis
Ashley	Cynthia	Rhonda
Ashten	Danita	Savanah
	Elon	Trinity
	Gail	

### Seeds of Hope Staff

Corey	Jan	Mark M.
Dahlia	Jane	Michelle
Dave	John	Piper
Deanna	Kelly	Rande
Eli	Laura	Renee
Frank	Loni	Rosie
Hailey	Lorrie	Shelly
Hollee	Mark K.	Sue
		Violet

### Administration

Michelle Erickson  
Executive Director

Courtney Monroe Ryckman  
Direct Services Supervisor

Cheryl Evensvold  
Finance Director

Joan Trygg  
Grant & Development Director

Lisa Ternes  
Seeds of Hope Manager

Sara Salvesson  
Shelter Supervisor

Jaime Fox  
Family Safety Center Coordinator

Blaine Finneseth  
Volunteer & Employment  
Coordinator

Dave Anderson  
Statistical Data Coordinator

Erin Tangen  
Green Dot Coordinator

Tracie Freadrich  
Facilities Manager

Kim Caswell  
Event Coordinator

Hannah Belisle  
Front Desk Administrative  
Assistant

### Family Safety Center Staff

Elianna  
Sandy  
Michelle  
Andrea  
Sheila  
Brea



## Our Programs

### Crisis Intervention

Free, confidential programs to support survivors of domestic violence, sexual assault, dating violence, stalking and human trafficking, including a 24-hour crisis hotline, advocacy, emotional support, and referrals.

### Pam's House

A “safe house” for victims affected by domestic violence, combining temporary shelter with counseling and assistance for rebuilding lives.

### DZ Hope House Transitional Facility

A secured home for victims who are ready to move out of Pam's House and/or are transitioning to independent living.

### Family Safety Center

Safe, neutral place where parents can visit children in foster care because of abuse and neglect, and where custodial parents can transfer temporary custody of their children to noncustodial parents for visitation

### RedRover Safe Housing

Offering a pet friendly program to house pets of domestic violence victims.

### Children's Programs

Counseling, support, education and child abuse prevention

### Community Awareness

We work with the community to develop an awareness and sensitivity to the issues of domestic violence and sexual assault and to establish programs to break the “cycle of abuse.”

### Green Dot

Green Dot seeks to engage community members as Active Bystanders. Green Dot Bystander Trainings teach community members to use the 3 Ds when you see a concerning behavior (Red Dot) – Direct, Delegate and Distract.

### Hope for the Holidays

In 2022, the Hope for Holidays program was able to provide a Christmas to 346 individuals in 125 families in our community.

### SAVE

#### *(Solutions for Alleviating Violent Encounters)*

This program offers a holistic approach to families experiencing domestic violence in our community and the communities surrounding us.



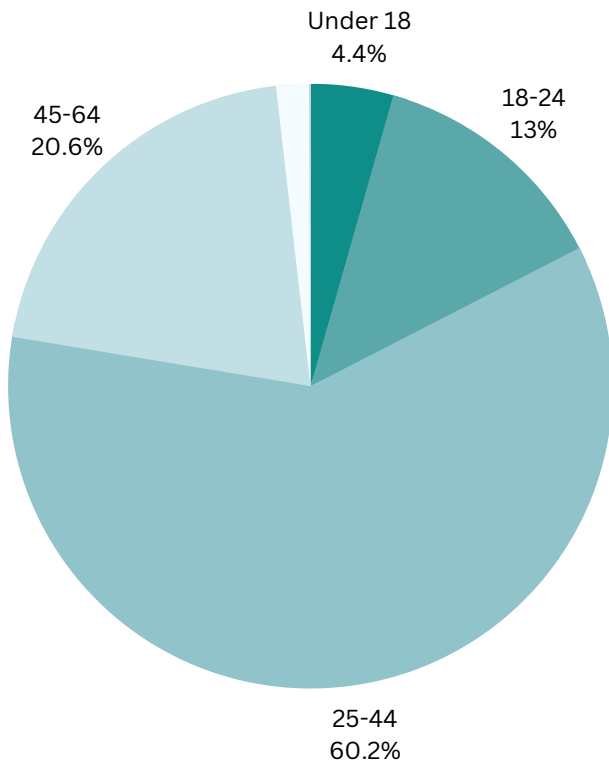
## 2022 Service Statistics

<b>Adult Client Contacts</b>	<b>20,458</b>
<b>New victims of domestic violence</b>	<b>875</b>
<b>Children affected</b>	<b>174</b>
<b>Recurring clients from 2021</b>	<b>231</b>
<b>New sexual assault victims</b>	<b>177</b>
<b>Human Trafficking victims</b>	<b>30</b>
<b>Total clients served</b>	<b>1,313</b>
<b>Protection orders petitioned</b>	<b>193</b>
<b>Family Safety Center - exchanges/supervised visits</b>	<b>719</b>
<b>Families sheltered</b>	<b>153</b>
<b>Children sheltered</b>	<b>118</b>
<b>Nights of shelter provided</b>	<b>11,004</b>
<b># of Volunteers</b>	<b>131</b>
<b>Volunteer hours donated</b>	<b>4,860</b>

*\*Average length of shelter stay - 62 days*



## Service Demographics

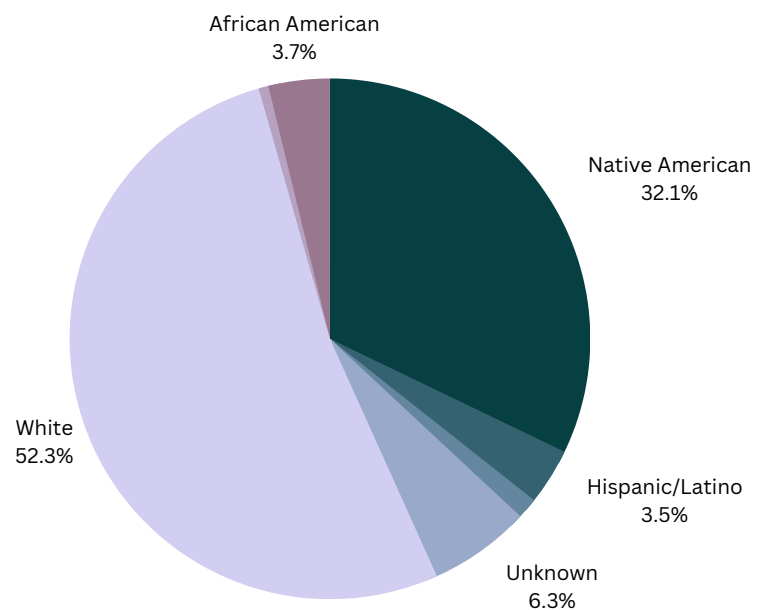


**AGE**

Under 18	58
18-24	171
25-44	790
45-64	270
65+	23
Unknown	1

African American	49
Asian	8
Hawaiian	1
Hispanic/Latino	46
Mixed Race	17
Unknown	72
Native American	433
White	687

**RACE**

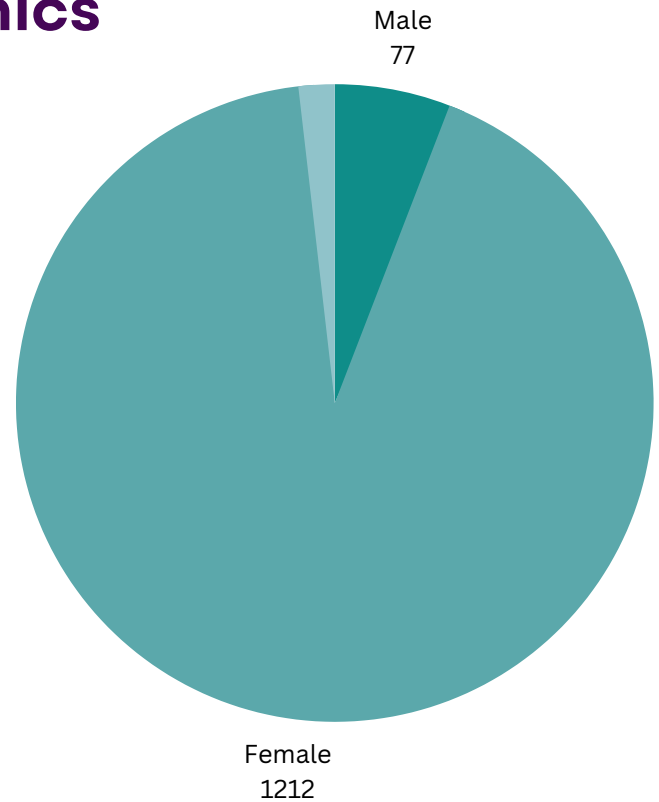




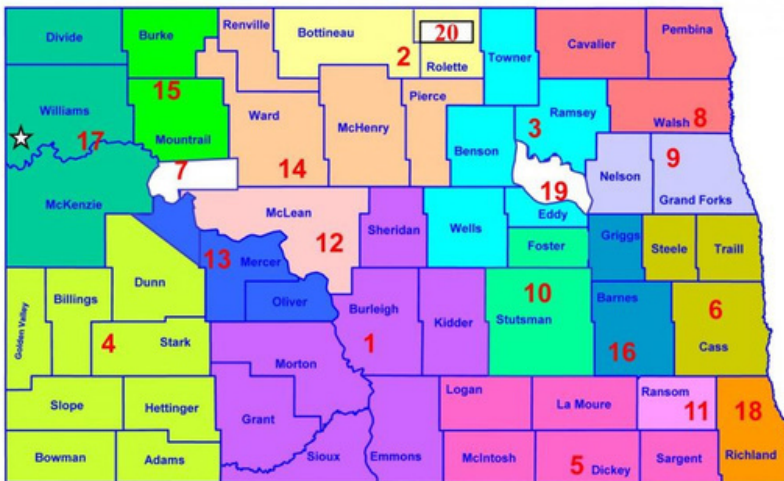
## Service Demographics

Female	1,212
Male	77
Transgender	24

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## Service Area



Abused Adult Resource Center Service Area

Burleigh County  
Morton County  
Kidder County  
Grant County  
Sioux County  
Sheridan County  
Emmons County  
Standing Rock Indian Reservation

10,400 square miles  
144,196 approx population





## Seeds of Hope Thrift Store

Currently Seeds of Hope has 22 part time staff members and 4 full time. We also have several regular volunteers as well as student groups and community service individuals that assist with daily operations.

We continue to accept donations from the community five days a week and accommodate the best we can with the space we have. Donations are plentiful and we are so grateful to our generous community each and every year.

The exciting part of this year has been the beginning of our renovation to create more receiving dock space. Our goal is to better serve the community by making the donation process more accessible to donors. By January 27th we will have completed Phase One. This includes moving offices, the breakroom, and restrooms to the back of the store. Customers will see an improved restroom right off of the sales floor as well as a drinking fountain.

We appreciate everyone's patience as we navigate through this remodel. We hope to complete the entire renovation by the end of May. We know the outcome will assist us in better serving the community and offer a more pleasant shopping and donating experience.





## 2022 Volunteer Service **131 Participants** **4,860 Hours**

**Our community continues to step forward and serve the Abused Adult Resource Center in a variety of ways including:**

- Painting, cleaning & yardwork
- Hang clothes, costumes & cashier
- Answer phone & basic administrative tasks
- Fundraising/awareness events
- Remodel preparations



**The Seeds of Hope Christmas Store hosted its annual premiere night on October 28th to kick off the Christmas season. We had several new volunteers join our team this year. Working in all areas from sorting, pricing, merchandising, to assisting customers with purchases.**

**Currently close to twenty volunteers work on a daily or weekly basis. We did battle the winter this year and were closed to the public a total of five days. We still managed to successfully raise \$68,276.97 in sales this Christmas season!**

**We would like to thank all our generous donors and customers that support us during the holiday season.**



# 2022 Fundraising and Awareness Events



You are invited to a fun 8-week African cooking class.

- We will cook
- We will chat
- We will explore our sources of strength
- and the best part... We get to eat!

Each week we will prepare a new recipe, explore a new source of strength and just relax. And Yes! There will be enough leftovers to share!

There will even be opportunities to use what you learn to make some money this summer. Jasmine will tell you all about it when the classes begin.

This class is not mandatory but we would love to have you at as many of the 8 classes as you can attend

STARTS MAY 5TH - 5PM TO 6.30PM

\*\*CHILD CARE WILL BE PROVIDED\*\*

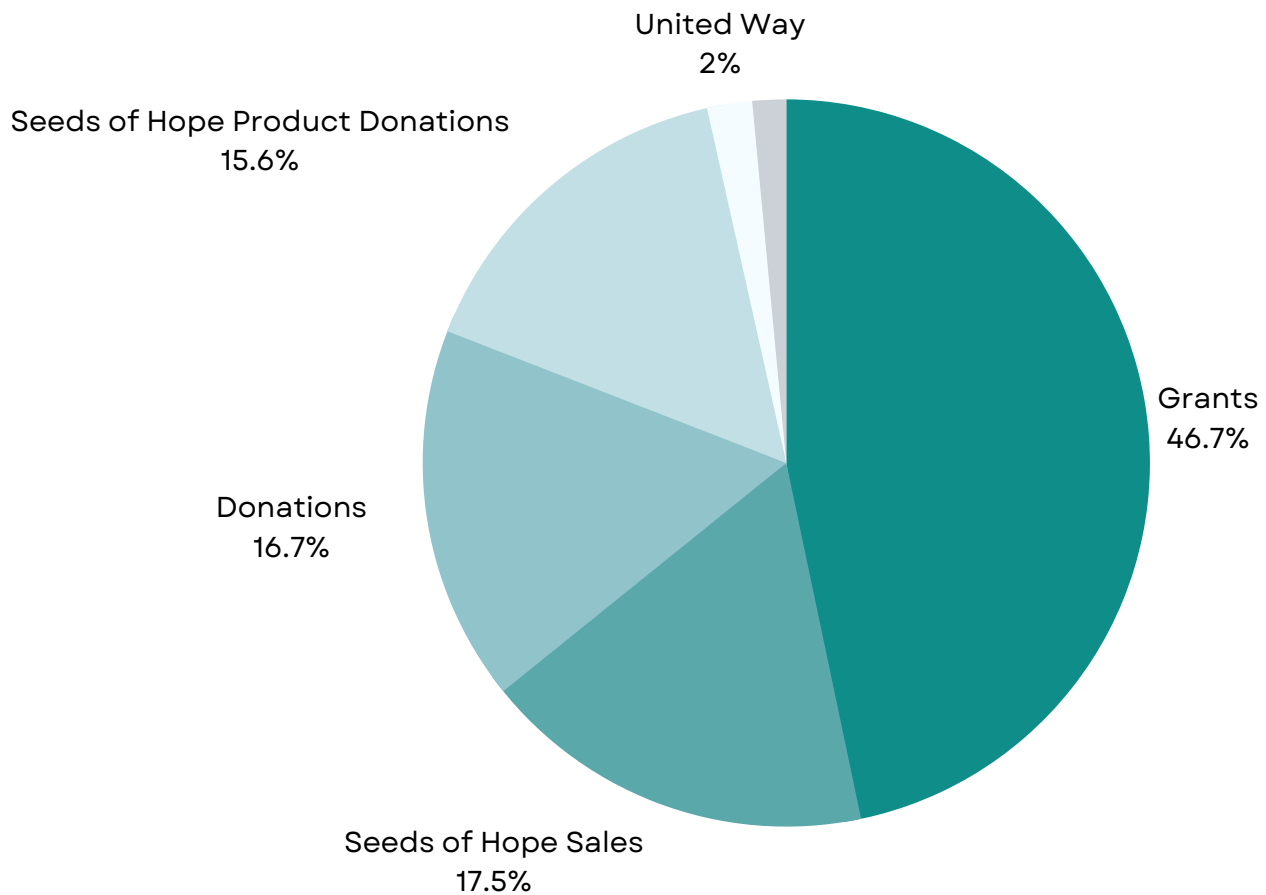
The Whole Spoon Project







## 2022 Funding Sources



Grants	\$1,911,058
Seeds of Hope	\$716,826.11
Donations	\$684,469.63
Seeds of Hope Product Donations	\$637,456.10
United Way	\$85,000
Miscellaneous Income	\$61,382.26



**2022**

## **Profit & Loss Statement**

<b>Grants</b>	<b>\$1,911,058.00</b>
<b>Seeds of Hope Sales</b>	<b>\$716,826.11</b>
<b>Donations</b>	<b>\$684,469.63</b>
<b>Seeds of Hope Product Donations</b>	<b>\$637,456.10</b>
<b>United Way</b>	<b>\$85,000</b>
<b>Misc. Income</b>	<b>\$61,382.26</b>
<b>Total Income</b>	<b>\$4,096,192.10</b>
<b>Payroll</b>	<b>\$2,471,149.29</b>
<b>Seeds Cost of Goods Sold</b>	<b>\$637,456.10</b>
<b>Operational</b>	<b>\$427,387.49</b>
<b>Professional Fees</b>	<b>\$92,935.10</b>
<b>Client Aid</b>	<b>\$354,239.41</b>
<b>Outreach</b>	<b>\$31,404.58</b>
<b>Finance</b>	<b>\$17,765.00</b>
<b>Travel</b>	<b>\$23,138.39</b>
<b>Other Expenses</b>	<b>\$16,785.91</b>
<b>Total Expenses</b>	<b>\$4,072,261.27</b>
<b>Net Income</b>	<b>\$23,930.83</b>

**Income**

**Expenses**

**Net Income**



**(701) 222-8370**



**(866) 341-7009**



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**[www.abusedadultresourcecenter.com](http://www.abusedadultresourcecenter.com)**



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